



Living Christ Together...

All that I Am and All that I Have

Dear Friend in Christ,

People often ask me about the prayer I usually say aloud in the silence after Communion at Sunday Mass. It's the "Suscipe" of St. Ignatius of Loyola. Here's the translation I favor:

Suscipe

Take, Lord, and receive
my entire liberty,
my memory,
my understanding,
and my entire will.
All that I am
and all that I have
You have given to me.
I surrender it all
to Your love and Your grace,
with these
I will be rich enough
and will desire
nothing more.



With prayers from Rome,
Bishop Liam Cary

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